

Supplementary file. Oral Health Knowledge, Attitude, and Practice Questionnaire.

In the Name of God.

Each participant needs to pick a personal code that only they know. They should remember it too. For easier recall, we suggest using the last four digits of your mobile phone number as the code. Thanks ahead of time for cooperating.

Participant code. ____

You agree to participate in this research by completing the questionnaire. (Yes, No) If you don't participate this questionnaire write your reason:

Section One:

Please indicate whether each of the following statements is true or false by selecting Yes or No. If you do not know the answer, select I don't know.

1. Your child has any permanent teeth in his or her mouth. (Yes, No, I don't know)
2. Your child has a permanent molar in the mouth (the back tooth). (Yes, No, I don't know)
3. first permanent molar tooth erupts after the primary molar teeth falls out. (Yes, No, I don't know)
4. The first permanent tooth erupts around 6 to 7 years of age at the back of the mouth behind the primary teeth. (Yes, No, I don't know)
5. Decay-preventive methods such as fissure sealants or fluoride therapy are effective for newly erupted teeth. (Yes, No, I don't know)
6. Parents should supervise a child's brushing when the child's new permanent teeth have just erupted. (Yes, No, I don't know)
7. Genetic factor is the primary cause of tooth decay. (Yes, No, I don't know)
8. Tooth decay is caused by microbial dental plaque. (Yes, No, I don't know)
9. The frequency of sugar consumption plays a more important role in causing tooth decay than the total amount of sugar consumed. (Yes, No, I don't know)
10. Rinsing the mouth with a lot of water after brushing is effective in preventing tooth decay. (Yes, No, I don't know)

Nutrients below can cause tooth decay:

- 11. Candy (Yes, No, I don't know)
- 12. Boxed fruit (Yes, No, I don't know)
- 13. Soda (Yes, No, I don't know)
- 14. Cheese (Yes, No, I don't know)
- 15. Tea (Yes, No, I don't know)

Section two

The child's oral health habits come up in this part of the questionnaire. Pick the closest option that fits the child's real habits.

1. In the past month, how often has your child brushed his/her teeth?
 - Irregularly (either not at all or only occasionally)
 - Once a week
 - 2–3 times a week
 - Once a day
 - Twice a day or more
 - I don't know
2. In the past month, has your child used a (fluoridated) toothpaste when brushing?
 - Never (uses no toothpaste)
 - Rarely
 - Sometimes
 - Almost every time
 - I don't know
3. In the past month, how many times per day on average has your child consumed sweet snacks or drinks between main meals (breakfast, lunch, and dinner)?
 - Three times a day
 - Twice a day
 - Once a day
 - Occasionally (not every day)
 - Rarely

- I don't know

4. If your child brush their teeth themselves, does somebody check their teeth to be clean?

- Almost always

- Most of the time

- Rarely

- Never

- I don't know

5. If someone helps them brush: Who usually helps your child brush their teeth?

- Father

- Mother

- Sibling (brother or sister)

- Other (e.g. grandparent or caregiver)

- I don't know

6. If your child brushes his/her own teeth, does someone check their teeth after brushing to make sure they are clean?

- Almost always

- Most of the time

- Rarely

- Never

- I don't know

7. If someone checks their teeth after brushing: Who usually checks?

- Father

- Mother

- Sibling

- Other

- I don't know

8. does somebody limit the number of sweet drinks and snacks your child consumes?

- Almost always
- Most of the time
- Rarely
- Never
- I don't know

9. If yes: Who usually enforces this limitation on sweet snacks and drinks for your child?

- Father
- Mother
- Sibling
- Other (e.g. grandparent)
- I don't know

This part of the questionnaire is about your own oral health habits (preferably answered by the mother). Please select the answer that best reflects your situation.

10. In the past month, how often have you brushed your own teeth?

- I did not brush at all, or only very irregularly
- Once a week
- 2-3 times a week
- Once a day
- Twice a day or more •I don't know

11. In the past month, have you used a (fluoridated) toothpaste when brushing your teeth?

- Never
- Rarely
- Sometimes
- Almost every time
- I don't know

12. In the past month, how many times per day on average have you consumed sweet snacks or drinks between your main meals (breakfast, lunch, dinner)?

- Three times a day
- Twice a day
- Once a day
- Occasionally (not every day)
- Rarely
- I don't know

Section Three: Attitude (Beliefs and Opinions)

This section contains statements about your beliefs and opinions regarding oral and dental health. Please indicate your level of agreement with each of the following statements.

Response options: 1 = Strongly agree, 2 = Agree, 3 = Disagree, 4 = Strongly disagree, 5 = I don't know.

13. I believe that tooth decay, like other diseases in the body, can cause infection in other parts of the body.
14. I believe that tooth decay is less important than other diseases of the body.
15. In my opinion, it is natural for a person to lose all of their teeth in old age.
16. I think baby teeth are not very important because they fall out early.
17. I believe I am able to prevent tooth decay.
18. I believe that using dental floss without brushing is sufficient to prevent tooth decay.
19. I believe fluoride is beneficial for dental health.
20. I believe that gargling with salt water or with any type of mouthwash is enough to keep teeth clean.

General Questions

1. Person completing the questionnaire (relationship to child):

- Father
- Mother
- Other: _____ (please specify)

(Please provide a contact mobile phone number: _____)

2. Father's highest level of education:

- Illiterate (no formal education)

- Primary school
- Middle school (junior high)
- High school diploma (or vocational school)
- Associate degree (2-year college)
- Bachelor's degree
- Master's degree
- Doctorate (PhD)

3. Mother's highest level of education:

- Illiterate (no formal education)
- Primary school
- Middle school (junior high)
- High school diploma (or vocational school)
- Associate degree (2-year college)
- Bachelor's degree
- Master's degree
- Doctorate (PhD)

4. Which of the following social networks do you use on your mobile phone? (You may select more than one.)

- Bale
- Eitaa
- WhatsApp
- Telegram
- Instagram

If you have any additional suggestions or comments, please feel free to provide them below.